



CELEBRATE THE SEASONS

Fall Fling



September 1 – December 1

PROGRAM LEVEL REQUIREMENTS	Starflight	Complete 10 Action Crafts
	Adventure	Complete 15 Action Crafts
	Discovery	Complete 20 Action Crafts
	Horizon	Complete 30 Action Crafts

**Trail
Activity
Bead**

Activity

TRAIL TO KNOWING ME

- KM107 Learn, play and teach two new clapping or hand motion games.
- KM137 Teach a game of checkers to a younger child.
- KM140 Learn and play a new video game. Set a goal to increase your score and improve your strategy. Teach someone else how to play.
- KM146 Learn about the President's Council on Physical Fitness and what programs are applicable for your age.
- KM187 Learn and demonstrate the rescue of a person, without getting into the water yourself, using some object between you and the victim such as a board, tire, inner tube or life jacket.
- KM206 Teach a small child his or her telephone number and street address. You'll have to repeat this many times to be sure the child can remember.
- KM221 Make a chart with emergency numbers. Include phone numbers for the police, fire department, family doctors, family members at work, cell phone numbers, a neighbor your family trusts and poison centers. Post the chart by the telephone.
- KM242 Take a first aid course.
- KM253 Open a savings account. Know the rate of interest your account earns. Figure out how much interest you will earn in a year with the amount of money you have in the account right now.
- KM298 Learn how to prepare vegetables or fruit for freezing. Clean, cut and pack the vegetables or fruit.
- KM307 Make two kinds of homemade candy.
- KM328 Prepare an identification card for yourself. Include your name, emergency contacts, blood type and any special medical problems. Carry it with you at all times.

- KM329 Find out how fingerprints are taken. With your group, take your own fingerprints. Find out what fingerprinting is used for.
- KM356 Put together a slide show, video or scrapbook about a vacation you took. Share your show or book with your group. Tell them about the places you visited.

TRAIL TO FAMILY AND COMMUNITY

- FC102 Write a poem. Express how you feel about your family in your poem. Share it with your family.
- FC128 Learn how to operate a vacuum cleaner. Vacuum a room three times. Show how to empty or change the bag.
- FC151 Help an adult paint or paper the walls of a room.
- FC176 Do something for your leader to show your appreciation. Make a gift. Write a poem. Or, do something else to say "Thank you for all your help."
- FC191 Help your teacher for a week. You could water plants, decorate bulletin boards or feed classroom pets.
- FC204 Find out what your friends or classmates think about an important issue. Take an opinion poll on a topic such as violence on television, terrorism, or censorship of books and magazines. Include at least 10 people in your poll.
- FC222 Volunteer to help at your local library. You might read to young children, help shelve books or repair damaged books. Or, plan your own service project.
- FC226 Help choose items to be put in a time capsule. The items should show what life is like in your community. Have a ceremony to bury the time capsule.
- FC236 Volunteer your time to do something for other children in your community. Teach games to children at a day care center. Or, plan your own service project.
- FC243 Draw a picture of your state flag. Tell what the colors, designs and symbols on the flag mean.

TRAIL TO CREATIVITY

- TC117 Decorate a piece of kitchen equipment, such as a knife rack, canister set, breadbox, storage canister or tray. Use paints, varnish, decoupage or stencils.
- TC136 Learn about digital cameras. Take pictures using one. Print the pictures on special photographic quality printer paper.
- TC138 Make a gift for someone using the digital pictures you took.
- TC167 Make a fabric toy for a child.
- TC175 Equip a sewing box with sewing supplies such as scissors, pins, needles, thread, thimble, pincushion and tape measure. Store your supplies in the box when you are not using them.

**Trail
Activity
Bead**

Activity

- TC202 Design and make greeting cards or invitations using a printmaking technique.
- TC251 Make a wall decoration with pieces of wood and other materials.
- TC266 Teach your club to sing a song you learned at camp.
- TC279 Learn how to play a keyboard or guitar and accompany someone on a song for your club.
- TC307 Help plan and put on a talent show or variety show.
- TC363 Read a news story in the newspaper and watch coverage of the same news event on television. Describe the differences in how the same news event was covered in print and on television.
- TC364 Read interviews in newspapers or magazines to find out how to write an interview story. Interview a person about something he or she does. Using the information you gathered from the interview, write an article.
- TC380 Make personalized place cards for everyone in your family at a special family dinner.
- TC382 Make a flower arrangement out of fresh or dried flowers. Use it on the table for a special meal.

TRAIL TO THE ENVIRONMENT

- TE114 Find an area in your neighborhood or nearby park where litter is a problem. Keep this area clean for a period of time agreed upon by you and your leader or parent.
- TE118 Conduct an aluminum can drive. What is the current rate for recycling aluminum cans? Give the profits to a local Charity.
- TE134 Figure the amount of water you use personally in one week. Bathing takes 30 gallons, showering takes 20 gallons, flushing a toilet takes 3 gallons, washing hands or face takes 2 gallons, getting a drink of water takes $\frac{1}{4}$ gallon and brushing teeth takes $\frac{1}{4}$ gallon. Estimate amounts for other uses and add them in.
- TE185 Read about hydroponics. Tell your club what you learned.
- TE195 Find out the water and light requirements for different houseplants. Make a chart that shows what kind of care they need.
- TE219 Give a plant you have grown as a gift. Pot it in an attractive way. Include a note describing how to care for the plant.
- TE229 Root a vine cutting in water. Find out how to pot a plant. Pot the rooted cutting. Care for it.
- TE 232 Photograph different species of trees or shrubs in your neighborhood or park. Identify them by name.
- TE248 Observe insects at night by placing a lighted blue bulb outdoors on top of a sheet. Watch the insects come. Identify several different kinds.
- TE289 Put together a mess kit for outdoor cooking and eating. Explain to an adult why you have included the items you did.

**Trail
Activity
Bead**

Activity

- TE325 Tie a simple hitch, half hitch and two half hitches. Know how these hitches are used.
- TE326 Tie a clove hitch and a taut line hitch. Use them for a clothesline on your next camping trip.
- TE327 Tie a bowline knot. Explain how you can use this knot.
- TE328 Use a sheet bend to tie two rope ends together.
- TE329 Using knots that you have learned, make a useful item. You could make a dog leash or bag handles.

TRAIL TO THE FUTURE

- TF119 Become a rainmaker. Do this with an adult present. Let water in a teakettle come to a boil. Put some ice cubes in a pie pan. Carefully hold the pie pan containing the ice cubes in the cloudy area just above the teakettle's spout. When water vapor comes in contact with cold air, it turns from gas to liquid again, making rain.
- TF132 Find two objects to drop - a heavy object and a light one, such as a rock and a paper clip. Stand on a chair. Drop the two objects at the same time. Did they reach the ground at the same time?
- TF153 Determine how many words you read in one minute. Pick out a book. Have a friend time your silent reading for two minutes. Count the number of words you read. Divide the total by two to figure out your average reading speed in one minute.
- TF176 Fill a jar with water. Put a piece of cardboard over the top of the jar. Put a small cardboard box in the freezer of your refrigerator. Set the covered jar of water inside it. Allow the water in the jar to freeze solid. What happened to the cardboard on top of the jar? What would have happened if you had put a tight cap on the jar?
- TF191 Read about hot air balloons and how they work. Visit a hot air balloon show. Observe the different sizes of balloons, distances and weight of the balloons.
- TF239 Visit a lighthouse or airport. Find out how beacons work. Describe to someone else what you learned.
- TF251 Draw a picture of the rain cycle. Show what causes rain to fall, what happens to rain when it hits the earth's surface and how moisture returns to the atmosphere again.
- TF253 Find the weather page in your newspaper. Keep a record of the temperature in different sections of the country for a week. Point out the changes and differences.
- TF267 Find out about taxes in your community. Compute the sales tax for three items of different prices.
- TF289 Visit a radio or television station. Have an engineer explain how the station receives and transmits programs.
- TF354 Demonstrate your ability to perform correctly three tumbling skills, such as forward or backward rolls, handstand, cartwheel or handspring.
- TF362 Learn and demonstrate how to saddle and bridle a horse.

**Trail
Activity
Bead**

Activity

- TF367 Learn and demonstrate proper grooming techniques on your horse.
- TF369 Learn and demonstrate how to ride your horse correctly at a trot, canter and gallop.
- TF374 Participate in an event at a horse show.
- TF418 Learn a drill to help you improve a particular ball handling skill with a basketball. Do your drill regularly until you can perform this skill easily.
- TF449 Demonstrate the correct way to hold a tennis racket. Learn the forehand and backhand drive. Practice these regularly until you have mastered them.
- TF474 Find out how the Olympic Games began. Compare those ancient games with the modern Olympics. Tell about what you learned to your club.
- TF499 Search the Internet for Camp Fire. What kinds of sites did you find? Share with an adult or with your club.
- TF504 Play a game on the Internet that can help you learn a skill such a spelling.
- TF528 Take a behind-the-scenes tour of a place of business people visit frequently. You might tour a grocery store, auto repair shop or restaurant. Find out what kind of work goes into the daily operation of this business.
- TF533 Learn about the services offered by the Better Business Bureau in your community.
- TF546 Use the yellow pages of the telephone directory to find three businesses offering a product or service you are interested in purchasing. Call the three businesses and ask the price of the item or service.

Camp Fire Inland Northwest
524 North Mullan Road, Suite 102
Spokane Valley, WA 99206
Telephone: 509-747-6191 or 800-386-2324
E-mail: campfire@campfireinc.org
Website: www.campfireinc.org

